

# Work Energy And Power

## Formula Sheet

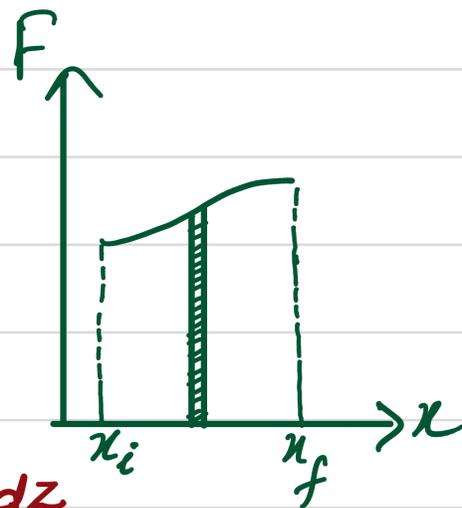
1 Work

(i) Work done by constant force

$$W = \vec{F} \cdot \vec{d} \cos \theta = \vec{F} \cdot \vec{d}$$

(ii) Work done by variable force

$$W = \int \vec{F} \cdot d\vec{s} = \int F ds \cos \theta$$
$$W_{\text{total}} = \int_{x_1}^{x_2} F_x dx + \int_{y_1}^{y_2} F_y dy + \int_{z_1}^{z_2} F_z dz$$



2 Units of work

SI unit  $\rightarrow$  joule (J) = N-m

CGS unit  $\rightarrow$  erg

Gravitational unit

$$1 \text{ kg-m} = 9.8 \text{ J}$$

$$1 \text{ g-cm} = 980 \text{ erg}$$

Other units

$$\text{Electron volt (eV)} = 1 \text{ eV} = 1.6 \times 10^{-19} \text{ J}$$

$$\text{Kilo Watt hour (kWh)} = 1 \text{ kWh} = 3.6 \times 10^6 \text{ J}$$

$$\text{calorie (cal)} \quad 1 \text{ cal} = 4.18 \text{ J} = 4.2 \text{ J}$$

3

Work done ( $= Fd \cos \theta$ )

Positive work

$$0^\circ \leq \theta < 90^\circ$$

Negative work

$$90^\circ < \theta \leq 180^\circ$$

zero work

$$\theta = 90^\circ \text{ or } F = 0 \text{ or } d = 0$$

4. Work done in terms of rectangular components

$$W = xF_x + yF_y + zF_z$$

### 5. Kinetic energy (K)

$$K = \frac{1}{2} m v^2 = \frac{p}{2m} \quad \begin{array}{l} m \rightarrow \text{mass, } v \rightarrow \text{velocity} \\ p \rightarrow \text{linear momentum} \end{array}$$

\* K.E of electrons is usually expressed in electron-volt.

$$1 \text{ eV} = 1.6 \times 10^{-19} \text{ J}$$

$$1 \text{ MeV} = 1.6 \times 10^{-13} \text{ J} \quad [1 \text{ MeV} = 10^6 \text{ eV}]$$

### 6. Work-energy theorem

$$\Delta K = W$$

Change in kinetic energy = Work done

$$K_f - K_i = \text{Work done.}$$

OR 
$$W = \frac{1}{2} m (v^2 - u^2)$$

### 7. Potential energy (U)

SI unit  $\rightarrow$  Joule

(i) Gravitational Potential energy  $U = mgh$

(ii) Elastic potential energy  $U = \frac{1}{2} k x^2$

### 8. Conservation of mechanical energy

Under the action of conservative forces

i.e.  $K_i + U_i = K_f + U_f$   $K_i \rightarrow$  initial K.E

Initial M.E = Final M.E  $K_f \rightarrow$  final K.E

$K + U = \text{constant}$   $U_i \rightarrow$  initial P.E

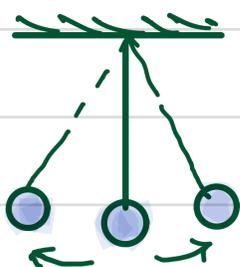
Total mechanical energy  $U_f \rightarrow$  final P.E

### 9. Conservation of mechanical energy for a simple pendulum

At any point of motion,

Kinetic energy = Potential energy

$$\frac{1}{2} m v^2 = mgh$$



## 10 Elastic potential energy

When a spring is stretched or compressed the energy stored in a spring

$$U - W = \frac{1}{2} k x^2$$

Elastic P.E. is always +ve

here,  $k$  = spring constant

$x$  = displacement from the mean position.

\* Maximum speed of the spring

$$v_m = \sqrt{\frac{k}{m}} x_m$$

## 11. Motion of a body in vertical circle

In figure

H = highest point

L = Lowest point

$v_1$  = velocity at point 'L'

$v_2$  = velocity at point 'P'

(i) Tension at the lowest point 'L'

$$T_L = \frac{m v_1^2}{r} + mg$$

(ii) Tension at the highest point 'H'

$$T_H = \frac{m}{r} [v_1^2 - 5gr]$$

(iii) Speed of the stone

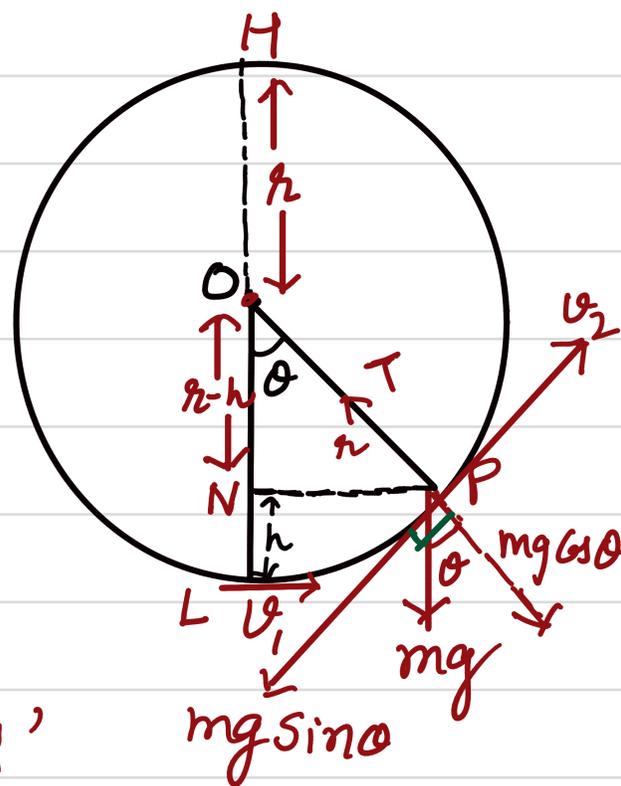
→ At the lowest point 'L'

$$v_L = v_1 \geq \sqrt{5gr}$$

→ At the highest point 'H'

At  $2r$  height

$$v_2 = v_H = \sqrt{rg}$$



# Einstein's mass and energy equivalence

$$E = mc^2$$

$m = \text{mass}$ ,  $c = \text{speed of light}$

## Power (P)

$$P = \frac{\Delta W}{\Delta t}$$

SI unit  $\rightarrow$  Watt or  $\text{J s}^{-1}$

$$1 \text{ kW} = 10^3 \text{ W}$$

$\rightarrow$  Instantaneous power

$$1 \text{ MW} = 10^6 \text{ W}$$

$$P = \frac{dW}{dt}$$

$$1 \text{ hp} = 746 \text{ W}$$

$\rightarrow$  Relation between  $P$ ,  $F$  and  $v$

$$P = \vec{F} \cdot \vec{v}$$

$F \rightarrow$  force

$$\text{or } P = Fv \cos \theta$$

$v \rightarrow$  velocity

$\theta \rightarrow$  angle b/w  $\vec{F}$  &  $\vec{v}$

## Collisions

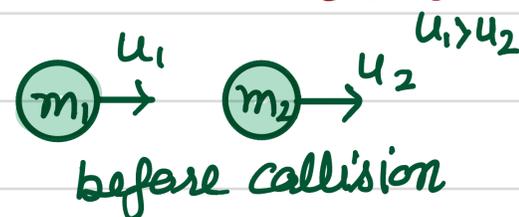
### Elastic one-dimensional collision

Relative velocity of approach = Relative velocity of separation

$$u_1 - u_2 = v_2 - v_1$$

### Coefficient of restitution (e)

$$e = \frac{v_2 - v_1}{u_1 - u_2}$$



### Velocities after collision



$$v_1 = \frac{2m_2 u_2 + u_1(m_1 - m_2)}{m_1 + m_2}$$

$$\text{and } v_2 = \frac{2m_1 u_1 + u_2(m_2 - m_1)}{m_1 + m_2}$$

$\rightarrow$  When  $m_1 = m_2 = m$ , then

$$v_1 = u_2 \quad \text{and} \quad v_2 = u_1$$

→ when  $u_2 = 0$

$$v_1 = \frac{m_1 - m_2}{m_1 + m_2} u_1$$

$$v_2 = \frac{2m_1 u_1}{m_1 + m_2}$$

Completely Inelastic collision in one dimension  
(After collision both the bodies move together)

The loss of in K.E

$$\Delta K = \frac{1}{2} m_1 u_1^2 - \frac{1}{2} (m_1 + m_2) v^2$$

and  $\Delta K = \frac{1}{2} \frac{m_1 m_2}{(m_1 + m_2)} u_1^2$

### Important conceptual points

- Conservative force → Work done is path-independent  
e.g. gravity, spring
- Non-conservative force → Work depends on path.  
e.g. friction, air resistance.
- In absence of non conservative force -  
Mechanical energy (K.E + P.E) remains constant
- Spring force (restoring)  $F = -kx$  (Hooke's law)
- Linear momentum is always conserved in all type collisions (elastic or inelastic), if no external force is acting.
- Elastic collision in 1D (head on) has special formulas:
  - Velocities are exchanged when masses are equal  
(if  $m_1 = m_2 \Rightarrow u_1 = v_2$  and  $u_2 = v_1$ )
  - Total energy before and after remain same.